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DORK
diaries

Make these **DORK** diaries friendship bracelets with your BFF!

How to start!

What you'll need:

- several colors of embroidery floss or thread
- scissors
- tape or safety pins

Measure your string:

Before you start making your friendship bracelet, you need to decide if it's for the ankle or wrist.

- For a **bracelet**: Measure lengths of string that go around your friend's wrist twice.
- For an **anklet**: Measure lengths of string that go around your friend's ankle twice.

A good rule of thumb for beginners is to start with three or four colors with one string for each color!



Tie your strands together:

Make sure to tie your pieces of string in a knot with about one or two knuckles-worth of string between the end and the knot. This will help you tie it together later!

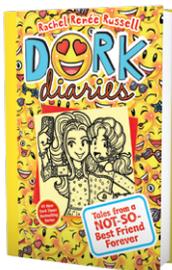
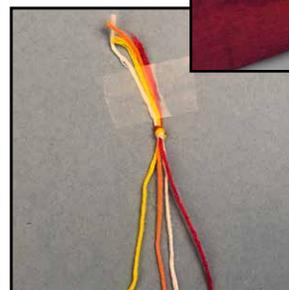


Secure your bracelet:

You will be making a lot of fun knots for this project, but they'll have to be tight! Make sure to keep your bracelet immobile.

You can either:

- Fasten your bracelet to a pillow or to the knee of your jeans with a safety pin
- Tape your bracelet onto a nearby table or chair



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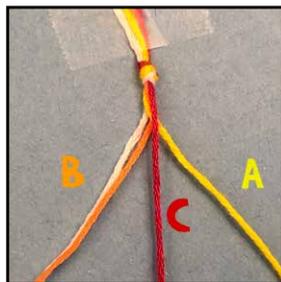
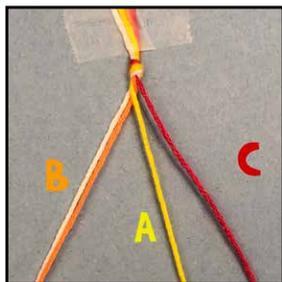
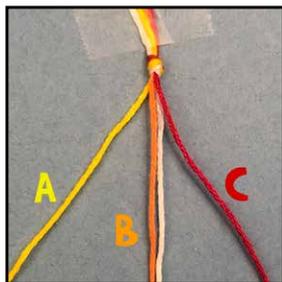
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Let's get to work!

The Braid

1. For this bracelet, divide your strands into three sections (A, B, and C)
2. Take section A (or the one on your left) and bring it over section B (the one in the middle).
3. Then take section C (the one on your right) and bring it over section A (the new middle section).
4. Continue this pattern until your bracelet is long enough to go around your BFF's wrist or ankle!

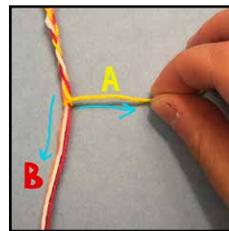
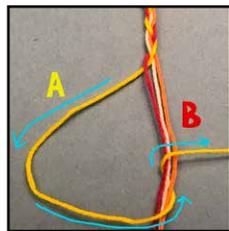
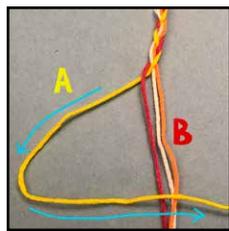
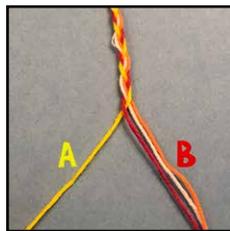


*NOTE: For this example, we're using four strands, but you can do it with any amount, as long as you still divide into three sections!

The Knot Bracelet

This stitch is a bit more advanced but is basically a column of colorful knots that come together to make a beautiful bracelet for your BFF!

1. Divide your strands into two sections: A will have only one strand and B will have all the rest.
2. Take A and put it over B, making what looks like a number 4!
3. Now bring A around and behind B and have it pull through the loop of the 4.
4. Holding B taught, pull A up and tightly to make a full stitch!
5. Continue this pattern with one color or start using another color until your bracelet is long enough to go around your BFF's wrist or ankle!



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Ready for more?

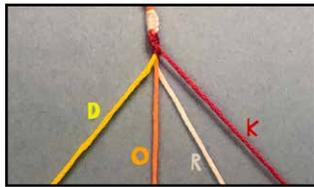
For the Pro!

Now that you've mastered the Braid and the Knot bracelets, try an even more advanced stitch!

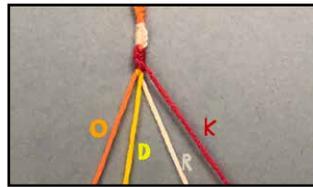
The Candy Stripe Bracelet

This pattern uses the knot stitch to make rows of colorful stripes on your bracelet!

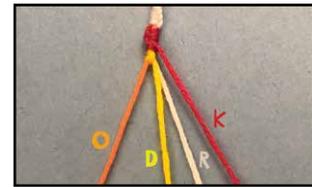
1. Spread out your strands so they are each their own section. This can be done with as many strands as you like, but we recommend three to six. Our example will use four labeled **D**, **O**, **R**, and **K**. 😊



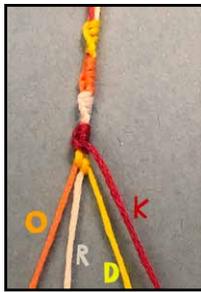
2. Using just the **D** and **O** strands, make a knot stitch with **D**.



3. Repeat using the same strands until your bracelet is as long as you want it. Each row will have two stitches per strand from now on.



4. Using **D** and **R** now, make another two knot stitches. And then move on to do another two with **D** and **K**.



5. Once **D** is at the end, repeat the same steps with **O**, making knots each over **R**, then **K**, and then **D** to make a second row.



6. Continue to make these repeating rows until your bracelet is long enough to go around your BFF's wrist or ankle.



Congratulations! You're now an a-DORK-able friendship bracelet master—and a wonderful BFF too!



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